

Shaping Places for Well-being in Wales Voice Over script

Mae'r ddogfen hon ar gael yn Gymraeg / This document is available in Welsh.

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ISBN: 978-1-83766-375-0

Wider Determinants of Health Unit
Health and Well-being Directorate
Public Health Wales
Number 2 Capital Quarter
Tyndall Street
Cardiff CF4 10BZ

Email: PHW.determinants@wales.nhs.uk

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People in Wales who experience disadvantage die younger than they should.

The money we have, and our housing, working and neighbourhood conditions are all essential building blocks for health.

If we can't heat our homes or afford healthy food, it affects our physical and mental health.

Influencing these determinants of health is a complex challenge.

This is where the Shaping Places for Well-being in Wales programme can help.

The programme will support Public Services Boards to deliver their well-being plans by using a systems approach to taking action on these building blocks.

Systems approaches can help decision and change makers:

- think about the bigger picture,
- look at the relationships between parts in a system,
- consider where there are opportunities for change to maximise impact
- and to take a long-term view.

The programme has been developed in collaboration with Public Services Boards, Welsh Government, The Future Generations Commissioner's Office, and Health Board public health teams, as well as others, to ensure the support will add value to their work.

We have also looked at case studies of what works and what the evidence tells us about using 'systems approaches' to improve health and well-being outcomes.

We have learnt there is a strong appetite for Public Services Boards to work together to apply a 'systems approach' to common challenges and a desire for a flexible and practical approach to meet different needs.

The programme will bring together Public Services Boards from across Wales to collaborate together for two years, within three learning groups.

Each group will apply a flexible systems framework to a theme.

Participants will learn how to use systems tools and methods which help them to work with their local partners, to identify areas for change, increase systems working and apply the Future Generations (Wales) Act's five ways of working.

As we evaluate the programme, we will be looking to see how it supports Public Services Boards to:

- Share learning,
- Develop systems working,
- Sustain the learning,
- And, shape future Well-being assessments & well-being plans in order to make a difference to the people of Wales.

Taking part in this programme can help address the challenges our communities are facing, develop a sustainable approach to managing change and shape healthier places for well-being in Wales.

To find out more, visit www.phw.nhs.wales/spww